

HELP OF ARTIFICIAL INTELLIGENCE (AI) IN CLINICAL PRACTICE: PRO & CONTRO

DR.ssa LORENA DRAGHINI

S.C. Radioterapia Oncologica Az.Ospedaliera S.Maria Terni



Società Italiana di Radiobiologia





Radioterapia di precisione per un'oncologia innovativa e sostenibile

DICHIARAZIONE Relatore: LORENA DRAGHINI

Come da nuova regolamentazione della Commissione Nazionale per la Formazione Continua del Ministero della Salute, è richiesta la trasparenza delle fonti di finanziamento e dei rapporti con soggetti portatori di interessi commerciali in campo sanitario.

- Posizione di dipendente in aziende con interessi commerciali in campo sanitario (NIENTE DA DICHIARARE)
- Consulenza ad aziende con interessi commerciali in campo sanitario (NIENTE DA DICHIARARE)
- Fondi per la ricerca da aziende con interessi commerciali in campo sanitario (NIENTE DA DICHIARARE)
- Partecipazione ad Advisory Board (NIENTE DA DICHIARARE)
- Titolarità di brevetti in compartecipazione ad aziende con interessi commerciali in campo sanitario (NIENTE DA DICHIARARE)
- Partecipazioni azionarie in aziende con interessi commerciali in campo sanitario (NIENTE DA DICHIARARE)
- Altro



Società Italiana di Radiobiologia





Radioterapia di precisione per un'oncologia innovativa e sostenibile

- Recently, a survey on the clinical use of AI in radiotherapy, revealed that most popular AI supported applications were automatic segmentation and treatment planning, followed by synthetic CT (sCT) generation.
- European recommendations of AI application in radiotherapy



Review Article

Overview of artificial intelligence-based applications in radiotherapy: Recommendations for implementation and quality assurance



Liesbeth Vandewinckele ^{a,b,1}, Michaël Claessens ^{c,d,1}, Anna Dinkla ^{e,1,*}, Charlotte Brouwer ^f, Wouter Crijns ^{a,b}, Dirk Verellen ^{c,d}, Wouter van Elmpt ^g

Brouwer CL,et al. Artificial Intelligence in Radiation Oncology: Current use and needs to support clinical implementation. PhiRO 2020.



RAB Società Italiana di Radiobiologia





Radioterapia di precisione per un'oncologia innovativa e sostenibile

- Recently, asurvey on the clinical use of AI in radiotherapy, revealed that most popular AI supported applications were automatic segmentation and treatment planning, followed by synthetic CT (sCT) generation.
- European recommendations of AI application in radiotherapy



Review Article

Overview of artificial intelligence-based applications in radiotherapy: Recommendations for implementation and quality assurance



Liesbeth Vandewinckele ^{a,b,1}, Michaël Claessens ^{c,d,1}, Anna Dinkla ^{e,1,*}, Charlotte Brouwer ^f, Wouter Crijns ^{a,b}, Dirk Verellen ^{c,d}, Wouter van Elmpt ^g

Brouwer CL,et al. Artificial Intelligence in Radiation Oncology: Current use and needs to support clinical implementation. PhiRO 2020.



Società Italiana di Radiobiologia





Radioterapia di precisione per un'oncologia innovativa e sostenibile

AUTO-CONTOURING

- authors insist on the need to ask to the provider of the algorithm about the variability of the clinical data used to train the model, including variability in acquisition parameters/devices, with the objective to evaluate its generalizability.
- They set the minimal number of patients to be included in the local test set to 10, notifying this number should be increased in case of large variations in the similarity metrics considered for performance evaluation (typically around 20 patients).
- methods have been proposed in the literature to ease quality checks of the proposed contours and were mentioned by the authors as solutions to be implemented for case-specific QA (statistical models characterizing shape, volume or spatial location of the generated contours have been proposed, e.g.overlap contour volume/surface (dice similarity coefficient), head-to head comparison scoring of the aouto-contouring as "pass" or "fail", knowing how much manual editing is required (or not) is an important result, or secondary independent segmentation method)







Radioterapia di precisione per un'oncologia innovativa e sostenibile

- Every automatically generated contour should be reviewed, corrected if necessary, and approved by clinical staff.
- **Regular test should be performed** to ensure that the model does not vary with time even in case of software's version update
- they suggested the idea of creating a repository of patient cases for which contouring was suboptimal to identify limitations of the proposed model and ease adjustments by the developers of the algorithm.



Società Italiana di Radiobiologia





Radioterapia di precisione per un'oncologia innovativa e sostenibile

OUR EXPERIENCE

- To evaluate performance and clinical utility of auto-contour generated by AI-based software on CT studies
- The structures, identified on CT scan were contoured manually and by deep-learning based auto-contouring software (Limbus) for adjuvant breast and pelvis brachytherapy (BT) and external beam radiotherapy (ERT) treatment planes (considering that the software was not primary educated for BT treatments)







- In all CT scan OARs were contoured by **AI** and then by a **single radiation oncologist (RO)**.
- Each contour (including manual) was visually evaluated in a blinded test. After examination of AI OARs contouring, a RO (other than the reference one) assigned a score proportional to the degree of correction needed for clinical acceptability: 0 (no corrections), 1 (minor corrections), 2 (major corrections).



Società Italiana di Radiobiologia







Radioterapia di precisione per un'oncologia innovativa e sostenibile

RESULTS

- About performance of OARs volumes AI contours have a high degree of clinical acceptability (score 0) in case of thorax and pelvis ERT.
- For thorax BT plans, Al contours have medium degree of clinical acceptability (score 1) and high degree (score 0) for breast and others thorax OARs, respectively.
- Indeed, for pelvis BT plans, Al contours have low degree of clinical acceptability (score 2) for rectum and bladder volumes and high degree (score 0) for others pelvis OARs.
- Probably these last results are related to interference of BT catheters or vaginal applicator.
- In BT planes, AI breast, rectum and bladder volumes were corrected by RO in median 12 minutes.











Radioterapia di precisione per un'oncologia innovativa e sostenibile

RESULTS

- The median time of OARs auto-contouring in all cases was 2 minutes.
- On the contrary, in case of **manual contouring** the median time was **<u>15-20 and 30</u> <u>minutes for right breast, left breast cancer and endometrial cancer</u>, respectively.**
- The median time saved with AI was about 90%.



Società Italiana di Radiobiologia





Radioterapia di precisione per un'oncologia innovativa e sostenibile

CONCLUSIONS

- Al as auto-contouring tool is a valid and safety help for clinical practice of ROs, it allows you to reduce contouring-time.
- Auto-contours have a quality comparable to manual contours, however it cannot completely replace the physician who must supervision always AI work.
- The observed differences in the software performances could be due to different training levels, particularly for BT treatment planes.
- We look forward to training AI to obtain an optimal auto-contouring tool also with BT applicators.



Società Italiana di Radiobiologia







Radioterapia di precisione per un'oncologia innovativa e sostenibile

THANK YOU



Società Italiana di Radiobiologia

